


Menu Subject to change due to product availability

NEMS Lunch Menu - November 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					1 Wild Mike's Pizza Bites w/ Sauce Garden Salad or Mini Pancakes, Chicken Sausage Links, Hash Brown Patty (Veggies, Fruit & Milk)	Daily Pre-made GRINDERS Turkey-Ham-Salami-Tuna- Buffalo Chicken
Prepay on line: www.my schoolbucks.com Or checks payable to Bristol School food service	4 Asian Orange Popcorn Chicken, Vegetable Fried Rice, Corn or Cheese Calzone w/ Sauce, Garden Salad (Veggies, Fruit & Milk)	5 No School Professional Development Day	6 WG pepperoni Bosco Sticks w/ Sauce, Garden Salad or WG Cheese Pizza, Garden Salad (Veggies, Fruit & Milk)	7 Hamburger or Cheeseburger on a WW Bun, Oven Fries Or WG Cheese Quesadilla w/ Salsa, Oven Fries (Veggies, Fruit & Milk)	8 LF Mozzarella Sticks w/ Sauce, Brown Rice or French Toast Sticks, Hash Brown, Chicken Sausage Links (Veggies, Fruit & Milk)	Daily SALADS YOGURT BOATS
	11 No School Veterans Day	12 Spicy Chicken Tenders, Oven Fries, WW Dinner Roll, Corn or Chicken & Cheese Quesadilla w/ Salsa, Oven Fries, Corn (Veggies, Fruit & Milk)	13 Pasta W/ Meatballs, WW Garlic Bread, Garden Salad or WG Cheese Pizza, Garden Salad (Veggies, Fruit & Milk)	14 All Beef Hotdog on WW Bun, Vegetarian Beans or Taco Triangles w/ Salsa, Oven Fries (Veggies, Fruit & Milk)	15 WG Stuffed Crust Cheese Pizza, Garden Salad or Chicken Teriyaki Dippers, Brown Rice, Garden Salad (Veggies, Fruit & Milk)	WG=Whole Grain WW=Whole Wheat
FRUITS & VEGETABLES: An assortment of fresh & canned fruits, hot/cold vegetables are offered daily.	18 WG Chicken Nuggets, Mashed Potatoes, WW Dinner Roll or Toasted Cheese Sandwich, Chicken Noodle Soup (Veggies, Fruit & Milk)	19 WG Wild Mike's Pizza Bitesw/ Sauce, Garden Salad or Spicy Chicken Patty on WW Bun, Lettuce & Tomato, Oven Fries (Veggies, Fruit & Milk)	20 LF Macaroni & Cheese, WW Dinner Roll, Broccoli Or Stuffed Crust Pizza, Garden Salad (Veggies, Fruit & Milk)	21 Family Celebration Day Roast Turkey, Gravy, Stuffing, Kernel Corn, Mashed Potatoes Cranberry Sauce, Dinner Roll (Veggies, Fruit & Milk)	22 LF Mozzarella Sticks w/ Sauce, Brown Rice or Mini Pancakes, Chicken Sausage Links, Hash Brown (Veggies, Fruit & Milk)	BRISTOL PUBLIC SCHOOLS ARE AN EQUAL OPPORTUNITY EMPLOYER
Milk Varieties: Healthy Moo: Nonfat Chocolate/Strawberry 1% White Nonfat Skim/Lactaid	25 WG Chicken Tenders, Oven Fries, WW Dinner Roll or Rib BQ Sandwich, Green Beans (Veggies, Fruit & Milk)	26 WG Pepperoni Bosco Sticks w/ Sauce, Garden Salad or Crispy Chicken Patty on WW Bun, Oven Fries, Lettuce & Tomato (Veggies, Fruit & Milk)	27 Lasagna Roll up, WW Garlic Bread, Garden Salad or WG Cheese Pizza, Garden Salad (Veggies, Fruit & Milk)	28 No School Thanksgiving Recess	29 No School Thanksgiving Recess	Our Mission is to provide students with healthy, nutritious & appealing food in a timely manner & in a pleasant environment