



NEMS Lunch Menu – March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>A complete meal includes a choice of: milk, choice of fruits & veggies daily (including fresh, local & canned in juice); choice of protein rich entrées & whole grain enriched breads or pasta. Students are encouraged to select 5 components however; they may take 3, 4 or 5 parts. Three components are necessary and it is required that a student include either a serving of fruit or vegetable on their tray to be charged for a complete meal.</p>				<p>1 WG Cheese Pizza Or Nachos w/chili/cheese sauce Green salad (veggie/fruit/milk)</p>	<p><u>Other Menu Items</u></p>
<p>Prepay on line: www.myschoobucks.com Or checks payable to Bristol School Food Service</p>	<p>4 Chicken Nuggets, Mashed Potatoes, Dinner Roll Or Rib-B-Cue Sandwich Green salad (veggie/fruit/milk)</p>	<p>5 WG Pepperoni Bosco Sticks w/sauce, Green Salad Or Chicken Patty Sandwich W/L&T, Oven Fries (veggie/fruit/milk)</p>	<p>6 WG Cheese Pizza, Or Teriyaki Chicken, Brown Rice, Or Fish Sticks Dinner Roll, Green salad (veggie/fruit/milk)</p>	<p>7 Chicken Fajita Wrap w/cheese & salsa Or Taco Triangles w/ salsa Oven Fries (veggie/fruit/milk)</p>	<p>8 Mozzarella Sticks w/sauce, Green Salad Or French Toast Sticks-Chicken Sausage-Hash Brown Or Fish Sticks, Dinner Roll (veggie/fruit/milk)</p>	<p><u>Daily Pre-made Grinders</u> Turkey-Ham-Salami Tuna-Buffalo Chicken With Cheese-Lettuce-Tomato</p>
	<p>11 Popcorn Chicken mashed potatoes, Or Chicken Pot Pie Green Salad (veggie/fruit/milk)</p>	<p>12 WG Cheese Bosco Sticks w/sauce, Green Salad Or Spicy Chicken Sandwich w/L&T, Oven Fries (veggie/fruit/milk)</p>	<p>13 Chicken Taco Boat w/trimmings Or WG Cheese Pizza, Green Salad (veggie/fruit/milk)</p>	<p>14 Cheeseburgers on WG Bun Or Cheese Quesadilla w/ salsa Oven Fries (veggie/fruit/milk)</p>	<p>15 WG Cheese Calzones w/sauce Or Nachos w/chili & cheese sauce Or Fish Sticks, dinner roll Green salad (veggie/fruit/milk)</p>	<p><u>Daily SALADS & YOGURT BOATS</u></p>
<p>FRUITS & VEGETABLES: An assortment of fresh & canned fruit and hot/cold vegetables are offered daily.</p>	<p>18 Chicken Nuggets, Mashed Potato, Dinner Roll Or Grilled Cheese Sandwich, Tomato Soup (veggie/fruit/milk)</p>	<p>19 WG Pepperoni Bosco Sticks w/sauce, Green Salad Or Chicken Patty Sandwich W/L&T, Oven Fries (veggie/fruit/milk)</p>	<p>20 Pasta w/meat sauce dinner roll, Or WG Cheese Pizza Green Salad (veggie/fruit/milk)</p>	<p>21 Hot Dogs on WG bun Or Taco Triangles, w/salsa Oven Fries (veggie/fruit/milk)</p>	<p>22 Mozzarella Sticks w/sauce, Or Fish Sticks, dinner roll, Green salad Or Mini Pancakes-Chicken Sausage-Hash Brown (veggie/fruit/milk)</p>	<p>Hamburgers Cheeseburgers Hot Dogs</p>
<p>Milk Varieties: Healthy Moo: Nonfat Chocolate/Strawberry 1% White Nonfat Skim/Lactaid</p>	<p>25 Chicken nuggets, mashed potatoes, dinner roll Or Lasagna Roll , dinner roll, Green salad (veggie/fruit/milk)</p>	<p>26 WG Cheese Bosco Sticks w/sauce, Green Salad Or Spicy Chicken Sandwich W/ L&T, Oven Fries (veggie/fruit/milk)</p>	<p>27 WG Cheese Pizza, Or Teriyaki Chicken, Brown Rice, Dinner Roll Green Salad (veggie/fruit/milk)</p>	<p>28 Cheeseburgers on WG Bun Or Cheese Quesadilla w/salsa, Oven fries (veggie/fruit/milk)</p>	<p>29 WG Cheese Calzones w/sauce, Or Fish Sticks, dinner roll, Or Meatball Grinders, Green Salad (veggie/fruit/milk)</p>	<p>BRISTOL PUBLIC SCHOOLS ARE AN EQUAL OPPORTUNITY EMPLOYER</p>

Menu subject to change due to product availability