

NEMS Lunch Menu - December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
							
<p>Prepay on line: www.myschoolbucks.com Or checks payable to Bristol School Food Service</p>	3 Chicken Nuggets w/Mashed Potatoes, roll Or WG Cheese Calzone Green Salad (veggie/ fruit/milk)	4 WG Pepperoni Bosco Sticks with sauce, Green Salad Or Chicken Patty Sandwich, L&T, Oven Fries (veggie/ fruit/milk)	5 Mac & Cheese, Dinner roll Or Chicken Pot Pie Green Salad (veggie/ fruit/milk)	6 Cheeseburgers Or Cheese Quesadilla w/salsa Oven Fries (veggie/fruit/milk)	7 Cheese Pizza Or Nachos w/beef chili & cheese sauce Green Salad (veggie/ fruit/milk)	<p style="text-align: center;">DAILY Pre-made Grinders Turkey-Ham-Salami Tuna- Buffalo Chicken With Cheese -Lettuce-Tomato</p>	
<p style="text-align: center;">BRISTOL PUBLIC SCHOOLS ARE AN EQUAL OPPORTUNITY EQUAL OPPORTUNITY EMPLOYER</p>	10 Chicken Nuggets w/ Mashed Potatoes, roll Or Grilled Cheese Sandwich w/Tomato Soup Green Salad (veggie/ fruit/milk)	11 WG Cheese Bosco Sticks with sauce, dinner roll Green Salad Or Spicy Chicken Sandwich, w/L&T, Oven Fries (veggie/ fruit/milk)	12 Taco Boat w/trimmings Or Cheese Pizza Green Salad (veggie/ fruit/milk)	13 Hot dogs on WG Bun Or Taco Triangles Oven Fries (veggie/fruit/milk)	14WG Mozzarella Sticks w/sauce Green Salad Or Mini Pancakes-Hash Brown-Chicken Sausage (veggie/ fruit/milk)	<p style="text-align: center;">DAILY SALADS & YOGURT BOATS Hamburgers Cheeseburgers Hot Dogs</p>	
<p>Milk Varieties: Healthy Moo: Nonfat Chocolate Strawberry 1% White Nonfat Skim Lactaid</p>	17 Chicken Nuggets w/Mashed Potatoes, roll Or Ham & Cheese Melt on a Croissant, Green Salad (veggie/ fruit/milk)	18 WG Pepperoni Bosco Sticks w/sauce, Green Salad Or Chicken Patty Sandwich L&T Oven Fries (veggie/ fruit/milk)	19 Elbow Pasta w/meat sauce Or Cheese Pizza Green Salad (veggie/ fruit/milk)	20 Buffalo Chicken Crisptos Or Steak & Cheese Grinders Oven Fries (veggie/fruit/milk)	21 WG Cheese Calzone Green Salad Or French Toast Sticks -Hash Brown-Chicken Sausage (veggie/ fruit/milk)	<p style="text-align: center;">Menu Subject to change due to product availability</p>	
<p>FRUITS & VEGETABLES:</p> <p>An assortment of fresh & canned fruit and hot/cold vegetables are offered daily.</p>					<p style="text-align: center;">A COMPLETE MEAL?</p> <p>A complete meal includes a choice of: milk, choice of fruits & veggies daily (including fresh, local & canned in juice); choice of protein rich entrées & whole grain enriched breads or pasta. Students are encouraged to select 5 components however; they may take 3, 4 or 5 parts. Three components are necessary and it is required that a student include either a serving of fruit or vegetable on their tray to be charged for a complete meal.</p>		

